



Latin-American Medal Program

Cha Cha		Pattern	Lead Follow	Foot work	Styling	Level
1.	Basic Movement					B R O N Z E
2.	Fan					
3.	Alemana Turn					
4.	Hockey Stick					
5.	Hand to Hand (Fallaway Breaks)					
6.	Spot Turns					
7.	New Yorker (Crossover Breaks)					
8.	Three Cha Cha's					
9.	Natural Top					
10.	Natural Opening Out Movement					S T A R
11.	Closed Hip Twist					
12.	Time Steps					
13.	Shoulder to Shoulder					S I L V E R
14.	Reverse Top					
15.	Opening Out from Reverse Top					
16.	Aida					
17.	Spiral					
18.	Open Hip Twist					
19.	Rope Spinning					
20.	Advanced Hip Twists					
21.	Cross Basic					S T A R
22.	Cuban Breaks					
23.	Turkish Towel					
24.	Sweetheart					
25.	Follow The Leader					
26.	Changes of Feet					
27.	Curl					

Rumba		Pattern	Lead Follow	Foot work	Styling	Level
1.	Basic Movement					BRONZE
2.	Fan					
3.	Alemana					
4.	Hockey Stick					
5.	Progressive Walks (Forward and Back)					
6.	Natural Top					
7.	Natural Opening Out Movement					
8.	Check from open CPP and open PP (New York)					
9.	Side Step					
10.	Closed Hip Twist					
11.	Cucarachas					STAR
12.	Hand to Hand					
13.	Spot Turns R & L, U/Arm Turns R & L					
14.	Reverse Top					
15.	Opening out from Reverse Top					
16.	Shoulder to Shoulder					SILVER
17.	Aida					
18.	Cuban Rocks Forward, Back & Side					
19.	Spiral					
20.	Open Hip Twist					
21.	Opening out to Right and Left					
22.	Curl					
23.	Alternative Basic Movement					
24.	Kiki Walks					
25.	Sliding Doors					STAR
26.	Fencing Variation					
27.	Rope Spinning					
28.	Three Threes					
29.	Advanced Hip Twists					
30.	Three Alemanas					
31.	Continuous Hip Twist					
32.	Continuous Circular Hip Twist					
33.	Sync Cuban Rocks Forward, Back & Side					

Paso Doble		Pattern	Lead Follow	Foot work	Styling	Level
1.	Sur Place					BRONZE STAR
2.	Basic Movement					
3.	Appel					
4.	Chasses to Right and Left (with or without elevation)					
5.	Prom Link and Prom Close					
6.	Displacement (to include the Attack)					
7.	Separation					
8.	Separation with Fallaway Ending					
9.	The Huit (Cape)					
10.	The Sixteen					
11.	Promenades PP to CPP					
12.	The Promenade					
13.	Grand Circle (Advanced ending to Prom)					
14.	Open Telemark					
15.	Ecart (Fallaway Whisk)					SILVER
16.	La Passe					
17.	Twist Turn					
18.	Syncopated Separation					
19.	Fallaway Reverse					
20.	Left Foot Variation					STAR
21.	Banderillas					
22.	The Twists					
23.	Coup de Piques					
24.	Fregolina (Incorporating the Farol)					
25.	Farol					
26.	Chasse Cape					
27.	Travelling Spins from PP					
28.	Travelling Spins from CPP					
29.	Spanish Lines from Open PP or CPP					
30.	Flamenco Taps					
31.	Methods of Changing Feet					
32.	Alternative Entries to PP					
33.	Separation (with ladies cape action to fallaway whisk)					
34.	Press Line					

Dances for Medal Tests	
Bronze	Cha Cha, Samba, Rumba, Jive (select any 3 dances)
Bronze Star	Cha Cha, Samba, Rumba, Paso Doble, Jive (select any 4 dances)
Silver	Cha Cha, Samba, Rumba, Paso Doble, Jive
Silver Star	Cha Cha, Samba, Rumba, Paso Doble, Jive
Gold	Cha Cha, Samba, Rumba, Paso Doble, Jive
Gold Star	Cha Cha, Samba, Rumba, Paso Doble, Jive

1 and 2 Dance Certificate Examinations	
Bronze	Single Dance (figures as per Bronze Medal syllabus) All Medallist Dance Styles – Must be dances available to Bronze Medallists
Silver	1 or 2 Dances (figures as per Silver Medal syllabus) All Medallist Dance Styles – Must be dances available to Silver Medallists
Gold	2 dances (unrestricted syllabus) All Medallist Dance Styles

The candidate will be assessed at medal test standards and will receive an examination report form plus the appropriate Bronze, Silver or Gold Certificate signed by the Examiner on the day of examination.

Composite Examinations	
Bronze	3 dances (made up of any dance or dances) Figures as per Bronze Medal syllabus
Silver	4 dances (made up of any dance or dances) Figures as per Silver Medal syllabus
Gold	4 dances (made up of any dance or dances) Unrestricted syllabus

The candidate will be assessed at medal test standards and will receive an examination report form plus the appropriate Bronze, Silver or Gold Certificate signed by the Examiner on the day of examination.

Cabaret Examinations	
Bronze	Any style or combination of recognised dance styles; and is restricted to Bronze/Bronze Star/Bar/Crest requirements
Silver	Any style or combination of recognised dance styles; and is restricted to Silver/Silver Star/Bar/Crest requirements
Open	Any style or combination of recognised dance styles; and is unrestricted syllabus

These examinations are designed for candidates who have completed all levels of medal examinations or those who wish to incorporate with their medals an exam that is not as technical and allows both student and teacher an opportunity for creativity.